



INSPIRED
BY SCIENCE
TRANSFORMED
BY EXPERIENCE

June 22, 2021

Dear Flavio,

Thank you for your participation in the IONS Discovery Lab for your Burgarella Quantum Healing retreat. Your participation helps you gain scientific data about the effectiveness of your workshop and helps us answer big research questions like: How are we interconnected? How do we access information and energy from beyond spacetime? Can understanding these two things help us be better people?

This report presents a snapshot of your group and also how your event may or may not have impacted interconnectedness, information and energy from beyond spacetime, innovation, transformation, and well-being. Information about each of these factors and their importance are included to help give you a context for the results. Expanded information about the individual tests and measures, as well as the resources used to describe their significance, can be found on the IONS website at: Noetic.org/IDLresources

Please feel free to reach out to the IDL staff to help explain this further if you would like. You may use the information from this internally to help improve your event. You may also display the results of this report publicly (e.g., on websites or marketing materials) according to the [DATA USE AGREEMENT](#) if you choose to. Please feel free to contact us if you have any questions about the use of this language.

We hope you find this report useful. Thank you again for participating in IDL. We look forward to supporting you again at your next event.

Sincerely,

A handwritten signature in black ink that reads "Helané Wahbeh". The signature is fluid and cursive, written in a dark blue or black ink.

Helané Wahbeh
Director of Research

REPORT

Burgarella Quantum Healing

June 22, 2021

Summary

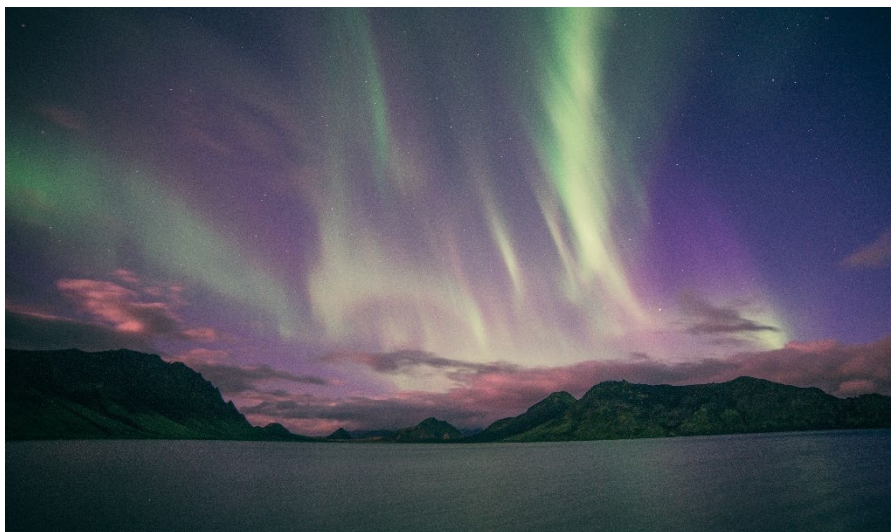
For millennia, people have reported extraordinary experiences through wisdom practices and traditional techniques that have led to advancements in technology, business, education and personal growth. We intend to unlock the mysteries embedded in these transformational practices.

The IONS Discovery Lab is exploring an overarching hypothesis: everything is interconnected, and embodying this awareness reveals information and energy not limited by space and time, and can profoundly amplify transformation, innovation, and well-being. We seek to answer three important research questions about this hypothesis:

- What is the relationship between interconnectedness, extended human capacities, and transformation, innovation, and well-being?
- Which experiences or practices maximize these factors or their relationships?
- Which personal characteristics lead a person to benefit from experiences and practices based on these factors?

To answer these questions, we are collecting data from participants all over the world. The data collected will allow us to conduct multidisciplinary, translational, and unprecedented research on both the effects of noetic practices and the mechanisms by which those effects take place.

This report presents a snapshot of your group and also how your event may or may not have impacted interconnectedness, information and energy from beyond space/time, innovation, transformation, and well-being.



In This Report

- Demographics
- Interconnection
- Beyond Space & Time
- Innovation & Wellbeing

Demographics of Your Group

In the table below, you will find demographic information (age, gender, race, education, relationship status) about your group, their general health, and how many participants were currently meditators. These values help you understand the characteristics of the participants who attended your event and completed the measures. It also helps you see if these demographic measures change from event to event.

Breakdown of Participant Demographics

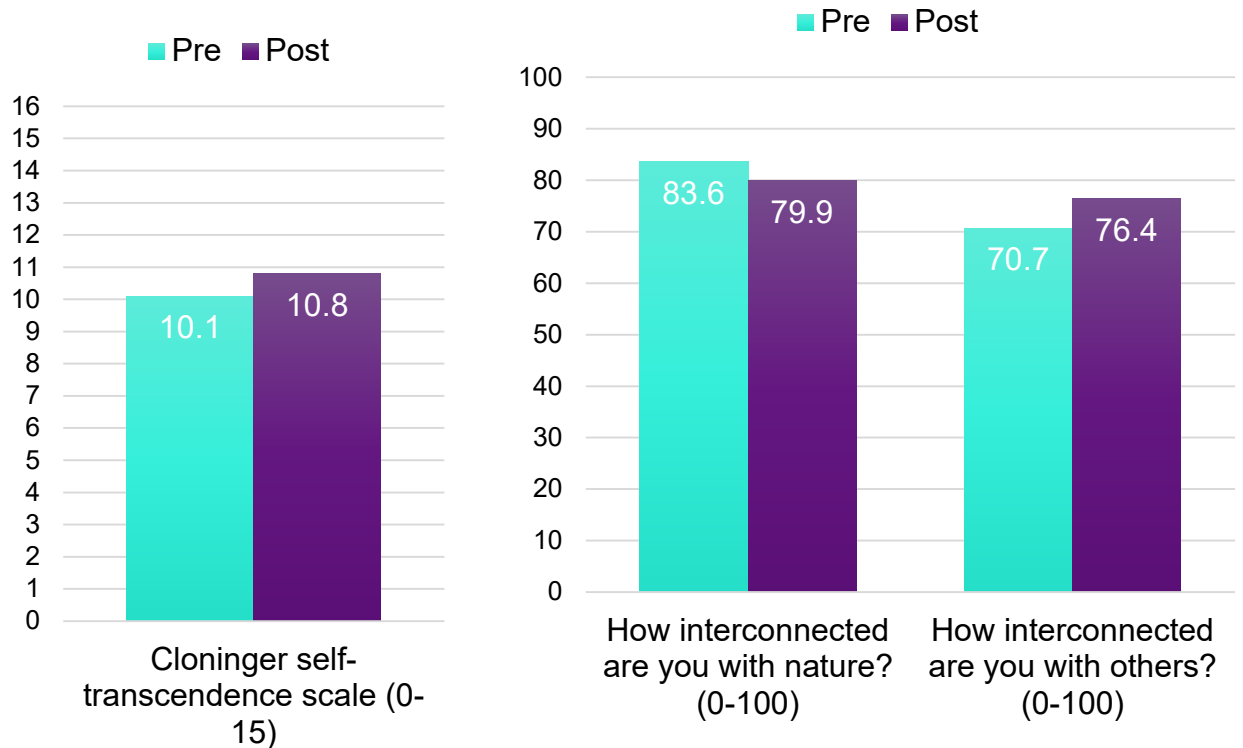
Eleven participants completed the pre-survey and 19 participants completed the pre- and post-measures for your workshop. This data reflects that last group. The average age was 56 ± 11 years old. The average amount of education was 15 ± 3 years.

	CATEGORY	NUMBER OF PARTICIPANTS	PERCENTAGE
GENDER	Female	15	79%
	Male	4	21%
	Other	0	0%
RACE	Native American	1	4%
	Native Pacific Islander	1	4%
	Asian	1	4%
	African	1	4%
	Middle Eastern	2	8%
	Latinx/Hispanic	1	4%
	European	18	72%
RELATIONSHIP	In a Relationship	14	74%
	Not in a Relationship	5	26%
OVERALL HEALTH	Excellent	0	0%
	Very Good	7	37%
	Good	3	16%
	Fair	9	47%
	Poor	0	0%
MEDITATOR	Yes	14	74%
	No	5	26%

Interconnectedness

A self-transcendence questionnaire and questions on how interconnected the participants felt with Nature and with Others were the measures used to explore your participants' perceived sense of interconnection with themselves, others, and nature.

Interconnectedness

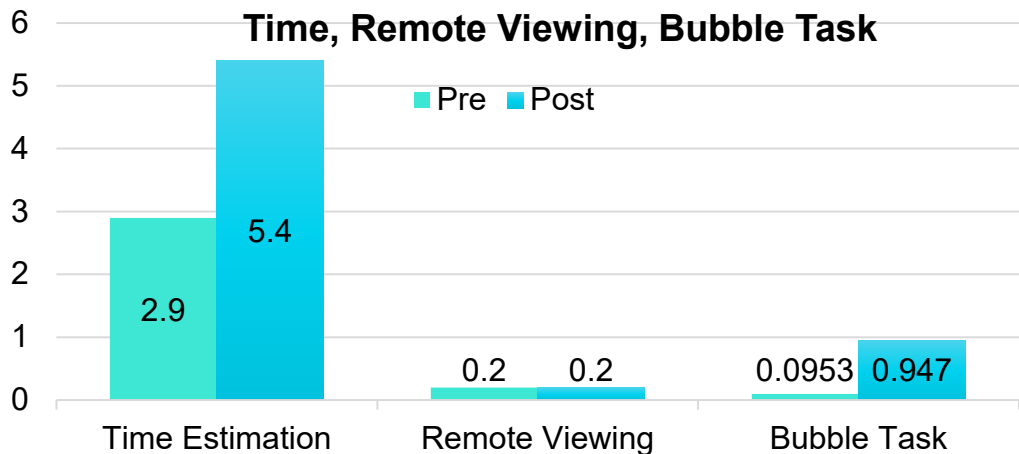
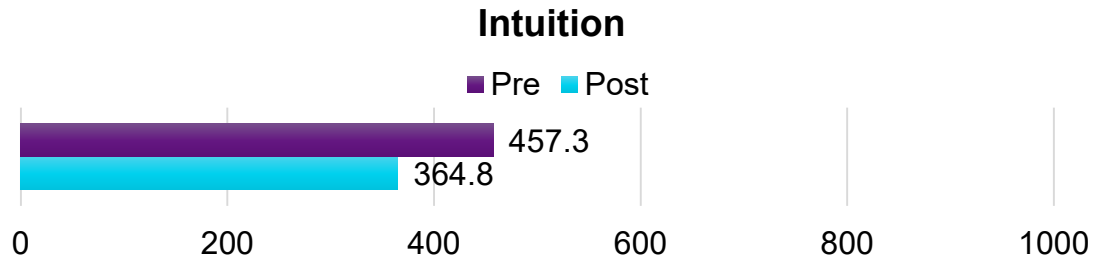


Are These Results Significant?

	<i>p</i> -value	YES	NO
Cloninger Scale	0.03	✓	
Interconnected with Nature	0.24		✓
Interconnected with Others	0.15		✓

Revealing Information Beyond Space & Time

Four tasks were administered to evaluate various aspects of receiving information from beyond the traditional senses. These abilities range from the commonly experienced intuition or hunches to more unique experience like remote viewing and psychokinesis.



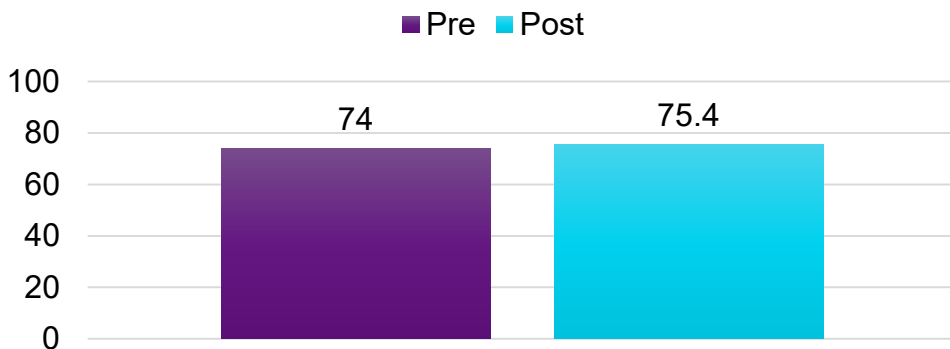
Are These Results Significant?

	<i>p</i> -value	YES	NO
Intuition: Object Count	0.32		✓
Time Estimation	0.54		✓
Remote Viewing	0.31		✓
Bubble Task	0.97		✓

Innovation, Transformation, and Wellbeing

Creativity is the ability to develop new ideas and to discover new ways of looking at problems and opportunities. Innovation is the ability to apply creative solutions to those problems and opportunities in order to enhance people's lives or to enrich society.

How Creative Are You?



Creativity is measured using a self-reported scale of 0-100; 0=not all creative to 100=very creative.

Are These Results Significant?

	p-value	YES	NO
Creativity	0.63		✓

Transformation

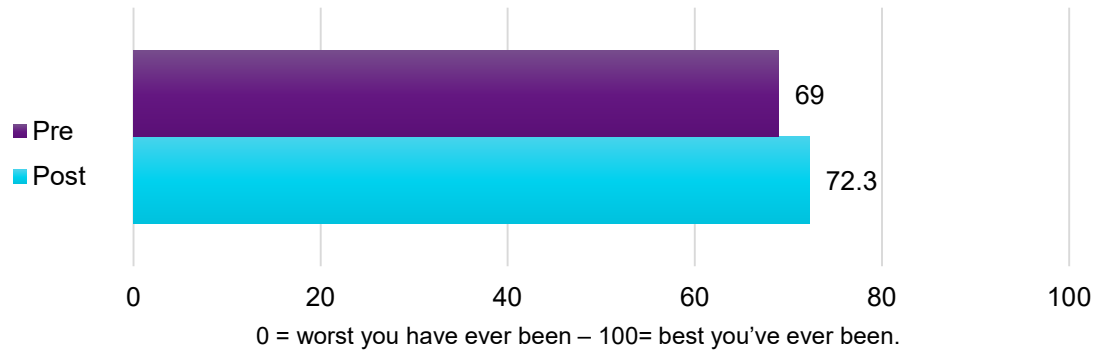
Transformation is a discontinuous leap forward in consciousness, a paradigm shift, wherein the person is significantly changed in terms of world view, behavior and attitude.

Measure	Value
I feel like I have positively changed as a result of this workshop. (Percent Yes)	100%
I experienced a moment of clarity or profound insight during my workshop. (Percent Yes)	74%
What type of influence do you feel this workshop will have on your behavior and relationships? Very Negative (0) to Very Positive (100)	84.4

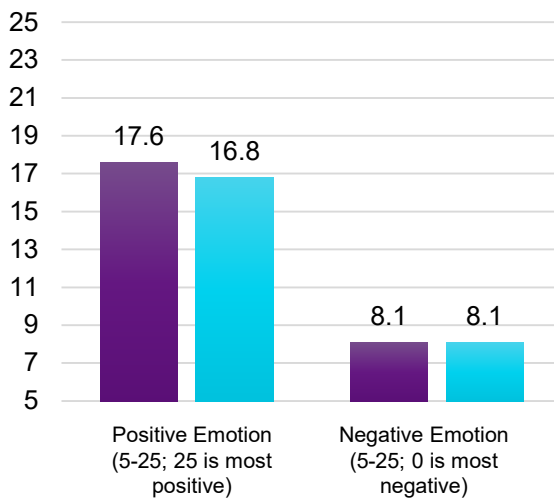
Innovation, Transformation, and Wellbeing

Subjective well-being is defined as: Good mental states, including all of the various evaluations, positive and negative, that people make of their lives and the affective reactions of people to their experiences. Physical health such as quality of sleep and pain can also influence a person's well-being.

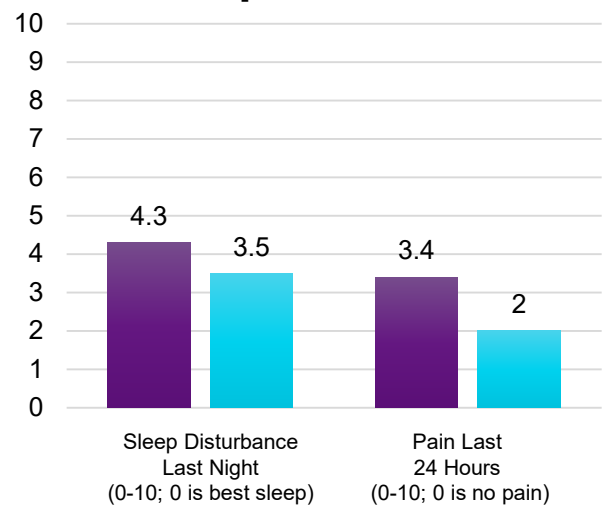
Overall Well-Being



Emotion



Sleep & Pain



Are These Results Significant?

	P value	YES	NO
Overall Well-being	0.48		✓
Positive Emotion	0.32		✓
Negative Emotion	1.0		✓
Sleep Disturbance	0.28		✓
Pain	0.04	✓	